

Cat Bordhi's Sweet Tomato Heel, as written out by Sheeri K. Cabral

For top-down socks, start where the gusset should be started.

For toe-up socks, start where the heel should be started

Divide the work into thirds; 1/3 of the stitches will be the front, and 2/3 of the stitches will be the heel sides/back. So if you have 66 stitches, the heel would be worked on 44 stitches.

Always work with an even number of stitches. If you can't divide into thirds evenly, it's OK to divide unevenly – for example, with 64 stitches, you can work the heel on 42 stitches and the front would have 22 stitches.

Wedge:

Row 1 (WS): slip first st purlwise, p to end

Row 2 (RS): slip first st purlwise, k to 2 st before end; turn

Row 3: slip first st purlwise, p to 2 st before end; turn

Row 4: slip 1st st purlwise, k to 2 st before gap; turn

Row 5: slip 1st st purlwise, p to 2 st before gap; turn

Repeat rows 4-5 until there is about 1" between gaps, finishing on a WS row.

Row 6 (RS):

slip 1, k to 1 before gap, *k1, lift st below and place onto needle next to the next st, then k2tog* repeat to last 2 sts, k2 (see figure 1)

Knit the front stitches, keeping in pattern.

When you get to the back stitches, *k1, lift st below and place onto needle next to the next st, then k2tog*, repeat until all gaps are worked. K to the end of the back stitches.

Note that this row really works 1½ rows.

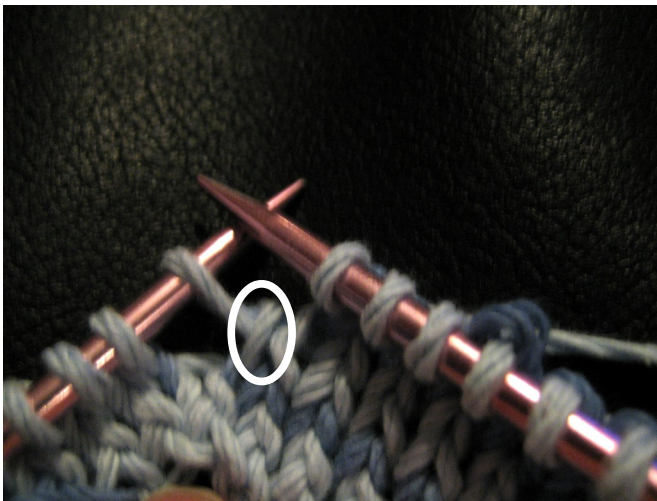


Figure 1: lift the stitch below, circled

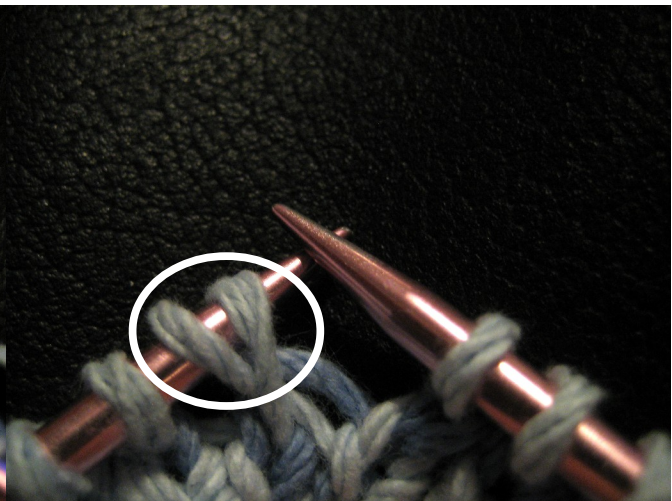


Figure 2: k2tog the original and lifted stitches, circled

Row 7 (RS): knit around, keeping the pattern in front

Row 8 (RS): knit around, keeping the pattern in front, and ending at the end of the back stitches.

Work 2 more wedges.

References:

cat bordhi video:

<http://www.youtube.com/watch?v=IRc3309JUyc>